



Christian Counseling, LLC

515-291-2975

Client Intake Information

Date: _____ DOB: __/__/_____
Client Name: _____ SSN: _____
Address: _____ Home Phone: (____) _____

Work Phone: (____) _____

Cell Phone: (____) _____
Occupation: _____ Email: _____
Employer: _____
Emergency Contact Person: _____ Relationship: _____
How to best reach emergency contact person: _____

Insurance Information

Primary Insurance: _____
Insurance ID # _____ Group# _____
Patient's relationship to insured (Circle one): Self Spouse Child Other: _____
Policyholder Name _____ DOB _____ Employer _____
Policyholder Address: _____
(If different from patient's address)

Secondary Insurance _____
Member# _____ Group# _____
Policyholder Name _____ DOB _____ Employer _____
Policyholder Address: _____
(If different from patient's address)

How did you find out about us?

Friend Relative Clergy Website Social Media Phone Book
 Doctor Another Service Provider Other: _____

Consent for Care/Assignment of Benefits

I, the undersigned hereby authorize the release of any information relating to all claims for benefits submitted on behalf of myself and/or my dependents. I further expressly agree and acknowledge that my signature on this document authorizes my therapist/counselor to submit claims for benefits, for services rendered or for services to be rendered, without obtaining my signature on each and every claim to be submitted for myself and/or my dependents, and that I will be bound by this signature as though I had personally signed the particular claim.

I hereby authorize my insurance company, _____ to pay and hereby assign directly to Christian Counseling, LLC all benefits, if any, otherwise payable to me for his/her services received by a Christian Counseling, LLC therapist. I understand I am financially responsible for charges incurred. I further acknowledge that any insurance benefits, when received by and paid to Christian Counseling, LLC, will be credited to my account, in accordance with the above said assignment.

Signature Date

Christian Counseling, LLC
515-291-2975

Initial Assessment

Client Name: _____ Date: _____

Please complete the following client information (parent may complete this information for a minor):

In your own words, describe the current circumstances that has prompted you to seek counseling services: _____

In your own words, what goals/outcomes do you hope to achieve through this counseling experience?

What is going well in your life? What are you good at?

What would you like to improve?

Who/What is your primary support system? Who supports you?

Are there any issues related to race, ethnicity, sexual orientation, disability, religious affiliation, etc. that have relevance to your current situation?

How important is religion or spirituality to you? Is this something you want to talk about?

What do you do for relaxation/leisure?

Have you been in counseling, treatment, or hospitalized for mental health reasons in the past? If so, please note dates, names of providers, and the general benefit derived:

Health Information (If married, please identify answers with initials)

Name of physician _____ Phone: _____

Current Medications	Dosage	Date Prescribed
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Overall Health: Very good _____ Good _____ Average _____ Declining _____

Recent Health Changes (conditions, sleep, weight, etc.):

Significant Losses Suffered (please explain):

Risk Assessment

Ideations	None Noted	Thoughts Only	Plan (describe)	Intent (describe)	Means (describe)	Attempt (describe)	History (ideation and attempts)
Suicidal Ideation							
Homicidal Ideation							

Substance Abuse History

Substance	Amount	Frequency	Duration	First Use	Last Use
Caffeine					
Tobacco					
Alcohol					
Marijuana					
Opioids/Narc					
Amphetamine					
Cocaine					
Hallucinogens					
Others					

Please mark [X] in the corresponding box next to any areas of concern you may wish to discuss during the counseling process:

<input type="checkbox"/>	stress	<input type="checkbox"/>	anger	<input type="checkbox"/>	anxiety	<input type="checkbox"/>	parenting
<input type="checkbox"/>	grief & loss	<input type="checkbox"/>	faith	<input type="checkbox"/>	depression	<input type="checkbox"/>	marital issues
<input type="checkbox"/>	occupational concerns	<input type="checkbox"/>	communication	<input type="checkbox"/>	substance abuse	<input type="checkbox"/>	relational conflicts
<input type="checkbox"/>	sexual issues	<input type="checkbox"/>	parents/in-law	<input type="checkbox"/>	childhood hurt	<input type="checkbox"/>	suicidal thoughts
<input type="checkbox"/>	finances	<input type="checkbox"/>	appearance	<input type="checkbox"/>	past abuse	<input type="checkbox"/>	abortion